

International Conference for Healthy Aging and Nutrition

Date: November 08-09, 2024

Venue: International Conference Hall, Zhunan Campus, National Health Research Institute, Taiwan

Address: 35, Keyan Road, Zhunan Town, Miaoli County, Taiwan

< Day 1: Fri. Nov. 08, 2024 >

Time	Topic	Speaker
09:30 - 10:00	Welcome Speech	
	Time for Photos	
Keynote Speech (1)	Moderator: Wei J. Chen (陳為堅) Vice President, National Health Research Institutes, Taiwan 	
10:00 - 11:00	Appetite in the Context of the Integrated Care for Older People Program: Data from the Toulouse Real-life Implementation	Philippe de Souto Barreto Professor, Université Paul Sabatier Toulouse 3, Toulouse University Hospital, IHU HealthAge, France 
11:00 - 13:00	Oral and Poster Competition Lunch	
Session I Nutrition Interventions for Geriatric syndrome	Moderators: Hiddenori Arai (荒井 秀典) President, National Center for Geriatric and Gerontology, Japan  Ching jang Huang (黃青真) Professor Emeritus, Department of Biochemical Science & Technology, College of Life Science, National Taiwan University, Taiwan 	
13:00 - 13:30	Nutritional interventions for the prevention and management of sarcopenic obesity: An evidence-based approach	Wee Shiong Lim Director, Institute of Geriatrics and Active Aging, Tan Tock Seng Hospital, Singapore 
13:30 - 14:00	Nutritional Intervention plus Home-based Exercise in the Community to Reverse Frailty: A Proven Model in Bangkok	Prasert Assantachai President, Thai Society of Gerontology and Geriatric Medicine, Faculty of Medicine Siriraj Hospital, Mahidol University, Thailand. 
14:00 - 14:30	Optimizing Diet and Nutrition for the Prevention and Management of Geriatric Syndromes: Insights from Taiwan	Wen-Harn Pan (潘文涵) Precision Nutrition Chair Professor, College of Public Health, Taipei Medical University, Taiwan 
14:30 - 14:50	Q&A	
14:50 - 15:10	Break	
Session II Diets and Healthy Aging: Evidences from Cohort Studies in Asia	Moderators: Kuo-Chin Huang (黃國晉) Vice Superintendent, National Taiwan University Hospital, Taiwan  Hung-Yi Chiou (邱弘毅) Director, Institute of Population Health Sciences, National Health Research Institutes, Taiwan 	
15:10 - 15:40	Effective Predictive Indicators and Dietary Nutritional Management for the Prevention of Atherosclerosis and Cognitive Frailty in Diabetes and Obesity	Noriko Satoh-Asahara (浅原 哲子) Chief Director, Department of Endocrinology, Metabolism and Hypertension Research, Clinical Research Institute, National Hospital Organization, Kyoto Medical Center, Japan 
15:40 - 16:10	Interleukin-6 Trans-Signaling, Autonomic Function and Change in Physical Performance in Older Adults - A Window of Opportunity for Dietary Modulation?	I-Chien Wu (吳易謙) Assistant Investigator, Institute of Population Health Science, National Health Research Institutes, Taiwan 
16:10 - 16:40	Nutrition and Cognitive Impairment in the Taiwan Initiative for Geriatric Epidemiological Research (TIGER): A 14-Year Cohort Study	Yen-Ching Chen (程蘊菁) Professor, Institute of Epidemiology and Preventive Medicine, National Taiwan University, Taiwan 
16:40 - 17:10	Plant-based Diets and Healthy Aging – the Tzu Chi Health Study	Tina H. T. Chiu (邱雪婷) Associate Investigator, National Center for Geriatric 

		and Welfare Research, National Health Research Institutes, Taiwan
17:10 - 17:30	Q&A	
17:30 -	Welcome Dinner Party	

< Day 2: Sat. Nov.09, 2024 >

Time	Topic	Speaker
Keynote Speech (2)		Moderator: Cheng-Chieh Lin (林正介) Vice President, China Medical University, Taiwan 
09:30 - 10:30	Screening for (Mal)nutrition Risk to Improve the Health of Older Adults from Community to Hospital Settings, Best Practices and Lessons Learned	Heather Keller Professor, Schlegel-UW Research Institute for Aging and Department of Kinesiology & Health Sciences, University of Waterloo, Canada 
10:30 - 10:45	Tea Break	
Session III From Basic to Clinical Application		Moderators: Wayne Huey-Herng Sheu (許惠恒) Vice President, National Health Research Institutes, Taiwan  Yi-Ching Yang (楊宜青) Director, Department of Geriatric and Gerontology, National Cheng Kung University Hospital, Taiwan 
10:45 - 11:15	Exposomics and Nutrition for Precision Health in Older Populations (Pre-record)	Richard Kwok (郭景輝) Program Director, Population Studies and Genetics Branch, Division of Neuroscience, NIA NIH, United States 
11:15 - 11:45	Improving Safety for Nutrition & Hydration Delivery with IDDSI: The Myths, The Facts & The Science	Peter Lam Chairperson & CEO, International Dysphagia Diet Standardization Initiative, Canada 
11:45 - 12:15	An Observational Study Assessing the Impact of Multidisciplinary Team Care and Dietary Counseling on Post-Stroke Patients at Risk of Dysphagia: Experiences from a Medical Center in Southern Taiwan	Meng-Chuan Huang (黃孟娟) Professor, Department of Nutrition & Dietetics, Kaohsiung Medical University Hospital, Taiwan 
12:15 - 12:30	Q&A	
12:30 - 13:30	Lunch	
Session IV		Moderators: Meei-Shyuan Lee (李美璇) Professor, Department of Public Health, National Defense Medical Center, Taiwan  Shih-Yi Lin (林時逸) Director, Center for Geriatrics and Gerontology, Taichung Veterans General Hospital, Taiwan 
13:30 - 14:00	Healthy Diet for Better Well-being: How to Apply the NILS-LSA Cohort Study to the Community	Rei Otsuka (大塚 礼) Professor, National Center for Geriatrics and Gerontology, Japan 
14:00 - 14:30	The Role of Oral Health in the Association of Nutritional Status and Frailty: Experience from the HALST Study	Shu-Chun Chuang (莊淑鈞) Associate Investigator, Institute of Population Health Science, National Health Research Institute, Taiwan 
14:30 - 15:00	A Modifiable Healthy Ageing Nutrition Index (HANI) Predicts Longevity in Older Taiwanese	Yi-Chen Huang (黃怡真) Associate Professor, Department of Nutrition, China Medical University, Taiwan 
15:00 - 15:15	Q&A	
15:15 - 15:30	Break	
Session V Cardiometabolic Risks and Behavior Modification		Moderators: Ding-Cheng Chan (詹鼎正) Superintendent, National Taiwan University Hospital Bei-Hu Branch, Taiwan  Yi-Chia Huang (黃怡嘉) Professor, Department of Nutrition, Chung-Shan Medical University, Taiwan 
15:30 - 16:00	Prospective Association of the Portfolio Diet with All-Cause and Cause-Specific Mortality Risk in the Mr. OS and Ms. OS	Kenneth Ka-hei Lo (羅家禧) Assistant Professor, Department of Food Science 

	Study	and Nutrition, The Hong Kong Polytechnic University, Hong Kong
16:00 - 16:30	The Associations of Body Weight and Weight Change for Mortality Risk, Cardiometabolic Disorders Controls, and Physical/Mental Function Decline in an Older Adult Population: Trade-off between Risks and Benefits	Shao-Yuan Chuang (莊紹源) Investigator, Institute of Population Health Science, National Health Research Institutes, Taiwan 
16:30 - 17:00	Nutrition and Self-management Behaviors on Healthy Aging in Community-dwelling Older Adults: Evidence in National Longitudinal Population-based Cohort Studies	Wen-Chun Liao (廖玟君) Professor, School of Nursing, China Medical University, Taiwan 
17:00 - 17:15	Q&A	
17:15 - 17:30	Award and Closing Remark	