

## Taiwan-Malaysia-Singapore Summit on Obesity (TMS-SO) 臺馬星肥胖高峰會

Date: November 1, 2025 / Venue: Evergreen Laurel Hotel, Taichung, Taiwan

Draft Agenda (as of September 2025)

|                                                                  |                                                                                       |                                         |                                |
|------------------------------------------------------------------|---------------------------------------------------------------------------------------|-----------------------------------------|--------------------------------|
| 09:00 – 09:05                                                    | Opening Remarks                                                                       | Chih Kun Huang                          |                                |
| 09:05 – 09:10                                                    | Guest Speech                                                                          | Mr. Chin-Shui Shih                      |                                |
| 09:10 – 09:15                                                    | Guest Speech                                                                          | Mrs. Aznifah Isnariah Binti Abdul Ghani |                                |
| Session 1: The Obesity Landscape: National Trends and Challenges |                                                                                       |                                         |                                |
| Time                                                             | Topic                                                                                 | Speaker                                 | Moderator                      |
| 09:15– 09:30                                                     | Obesity in Taiwan:<br>Epidemiology, Medical Interventions and Challenges              | Hsiang Han Kao                          | Aung Myint Oo<br>Kelvin Voon   |
| 09:30– 09:45                                                     | Obesity in Malaysia:<br>Epidemiology, Medical Interventions and Challenges            | Steven Teoh                             |                                |
| 09:45– 10:00                                                     | Obesity in Singapore:<br>Epidemiology, Medical Interventions and Challenges           | Kwang Wei Tham                          |                                |
| 10:00 – 10:20                                                    | Panel Q&A – Opportunities and Challenges                                              | Panelists                               |                                |
| 10:20 – 10:40                                                    | Coffee Break                                                                          |                                         |                                |
| Session 2: Non-Surgical Treatment                                |                                                                                       |                                         |                                |
| 10:40 – 10:55                                                    | Microbiota Change after Weight Loss: Medication vs. Surgery                           | Wen Yuan Lin                            | Kwang Wei Tham<br>Tikfu Gee    |
| 10:55 – 11:10                                                    | Endoscopic Intervention for Asian Populations:Efficacy and Safety                     | Yi Hua Wu                               |                                |
| 11:10 – 11:25                                                    | Integrating AOM with Intervention for Better Outcomes                                 | Ming Che Hsin                           |                                |
| 11:25– 11:45                                                     | Panel Q&A – Synergic; Cooperative or Competitive?                                     | Panelists                               |                                |
| 11:45 – 12:45                                                    | Lunch Break                                                                           |                                         |                                |
| Session 3: Bariatric Surgery                                     |                                                                                       |                                         |                                |
| 12:45 – 13:00                                                    | Bariatric Surgery Trends and Challenges in Singapore                                  | Aung Myint Oo                           | Wen Yuan Lin Wen<br>Liang Fang |
| 13:00 – 13:15                                                    | Bariatric Surgery Trends and Challenges in Malaysia                                   | Tikfu Gee                               |                                |
| 13:15 – 13:30                                                    | Bariatric Surgery Trends and Challenges in Taiwan                                     | Wen Liang Fang                          |                                |
| 13:30– 13:45                                                     | Innovations in Bariatric Surgery for Asian Populations                                | Kelvin Voon                             |                                |
| 13:45 – 14:00                                                    | Post-Surgical Long-Term Care: Nutrition, Mental Health, and Relapse Prevention        | Asim Shabbhir                           |                                |
| 14:00 – 14:15                                                    | Panel Q&A – Building New Consensus in Surgical Indications, Procedures and Protocols? | Panelists                               |                                |
| 14:15 – 14:35                                                    | Coffee Break                                                                          |                                         |                                |
| Session 4: Multicenter Research and Future Collaboration         |                                                                                       |                                         |                                |
| 14:35 – 14:50                                                    | Gut Hormone and Microbiota study in Asia                                              | Po Chih Chang                           | Asim Shabbhir<br>Steven Teoh   |
| 14:50 – 15:05                                                    | Designing Multi-center Clinical Trials in Obesity: Methods and Barriers               | Ting Wei Chang                          |                                |
| 15:05 – 15:20                                                    | Collaborative Research Initiatives in TMS                                             | Kwang Wei Tham                          |                                |
| 15:20 – 15:35                                                    | Closing Remarks & Declaration                                                         | All Delegates & Chih Kun Huang          |                                |