

**2<sup>nd</sup> announcement**

**3<sup>rd</sup>**

# **SPOC<sup>®</sup> 2008**

**Malmö • Sweden  
March 6<sup>th</sup> to 7<sup>th</sup>**

## **Dates to remember**

**Abstracts submission:  
October 8<sup>th</sup> 2007**

**Abstracts acceptance/  
rejection  
notification letter:  
November 12<sup>th</sup> 2007**

**Early registration fee:  
before December 3<sup>rd</sup> 2007**

**Regular registration fee:  
before February 4<sup>th</sup> 2008**

## **Childhood Obesity Unit**

Entrance 108, 2<sup>nd</sup> Floor • University Hospital, Malmö S-205 02 • Sweden

Phone: +46 (0) 40 33 83 00 • Fax: +46 (0) 40 33 83 21

E-mail: [barnovervikt@skane.se](mailto:barnovervikt@skane.se) • [www.bravikt.info](http://www.bravikt.info)



Printed by Jurgbergs Tryckeri • Graphic Design: Amica Larsson • Images: Turistbyrå Malmö Bild, Jan Svanberg and Visitregionagati.com: Wico





#### International Scientific Committee

Chair: Carl-Erik Flodmark, MD PhD, Childhood Obesity Unit,  
University Hospital, Malmö, Sweden

Richard L. Atkinson, MD, Virginia Commonwealth University, Richmond, USA

Inge Lissau, PhD, Department of Health, Vordingborg, Denmark

Aviva Must, PhD, Tufts University School of Medicine, Boston, USA

Angelo Pietrobelli, MD PhD, Pediatric Unit, Verona  
University Medical School, Verona, Italy

#### Organising committee

Chair: Paulina Nowicka, Childhood Obesity Unit, University Hospital, Malmö, Sweden

Annica Larsson, Childhood Obesity Unit, University Hospital, Malmö, Sweden

Katrine Möller Voss, Childhood Obesity Unit, University Hospital, Malmö, Sweden

# SPOC

Welcome to Malmö and the 3<sup>rd</sup>  
Scandinavian Pediatric Obesity Conference!

We would like to invite you to an open, dynamic conference in Malmö, Sweden. The conference will focus on practical measures in the prevention and treatment of pediatric obesity.

Leading international experts will provide new insights into the management of this challenging problem.

*Carl-Erik Flodmark, MD PhD  
President of 3<sup>rd</sup> SPOC<sup>®</sup>  
Childhood Obesity Unit  
University Hospital Malmö*





## Participants

Doctors, nurses, dietitians, physiotherapists, and researchers in the field of pediatric obesity.

## Program

### **Practical Action in Prevention and Treatment**

- Treatment: What's next? Drugs, vaccine, or surgery?
- How can we use prevention in practice?
- Diet and exercise programs: what to choose?

## Conference Venue

The conference will be held at Slagthuset (historical slaughterhouse from 1904, now a conference and entertainment facility), located just a five-minute walk from the central railway station and downtown Malmö.

## Venue

Malmö is an international city and the commercial hub of southern Sweden. You can easily reach Malmö by train from Copenhagen Airport, Kastrup, which is just 30 minutes away. Malmö's long history is well integrated with modern life and immigration has made Malmö a multi-cultural city. Whether visiting Malmö for business or pleasure, the city has

much to offer. Its nickname, "The City of Parks," speaks for itself, as does the long sandy beach by Ribersborg (known as "the Scandinavian Copacabana"), and the unique Öresund Bridge that takes you straight to Copenhagen, Denmark. For more information about Malmö, see [www.malmo.com](http://www.malmo.com) and [www.malmo.se](http://www.malmo.se) Copenhagen is the metropolitan capital of Denmark with several historical and modern attractions, a rich cultural life, and a harbor clean enough for swimming. When visiting the capital, don't miss the impressive new opera house, Christiansborg Palace, and one of the foremost characters from the fairy tale world of Hans Christian Andersen, the Little Mermaid. For more information on this exciting city see [www.visitcopenhagen.dk](http://www.visitcopenhagen.dk)

## Language

English is the official language of the conference. Simultaneous interpretation is not provided.

## Social programme

Gala dinner and entertainment are included in the registration fee.



### **Abstract submission**

Participants are requested to submit abstracts online to: [spoc@childhoodobesity.info](mailto:spoc@childhoodobesity.info) no later than October 8<sup>th</sup> 2007. Mailed printed or faxed abstracts will not be accepted. Please add whether the abstract is intended for oral session or poster session. Members of the Scientific Committee will review the abstract. Corresponding authors will be informed whether their abstract has been accepted or rejected by November 12<sup>th</sup> 2007.

Presenting authors must pay an abstract registration fee of € 50. This fee should be paid together with the conference registration fee. Abstracts will be published as a supplement to the International Journal of Pediatric Obesity. Authors may find detailed information about how to prepare an abstract at the conference website: [www.childhoodobesity.info](http://www.childhoodobesity.info)

### **Registration and Payment**

Early registration fee: € 495  
December 3<sup>rd</sup> 2007

Regular registration fee: € 570  
February 4<sup>th</sup> 2008

On-site fee: € 630  
after February 4<sup>th</sup> 2008

Lunch, coffee breaks, gala dinner with entertainment and one year subscription of the International Journal of Pediatric Obesity are included in the registration fee.



Participants can register online at [www.childhoodobesity.info](http://www.childhoodobesity.info)

The registration site will be available from July 4<sup>th</sup> 2007. Registration received after February 4<sup>th</sup> 2008, will be processed as on-site registration.

### **Terms of payment**

We prefer payment by credit card. Alternatively, HRG Nordic will send an invoice following registration. Please note that your participation is only guaranteed when payment is received. More information will be available on the conference website.

### **Cancellation policy**

Until December 17<sup>th</sup> 2007:  
50% refundable

After December 17<sup>th</sup> 2007:  
non-refundable

## Accommodation

The registration fee does not include accommodation. HRG Nordic has reserved rooms at three hotels. Hotel reservation procedures and more information can be found at the registration site. Comfort Hotel Malmö and First Hotel Jörgen Kock are both 3-star hotels located 50 meters from the venue. Scandic Kramer is a 4-star hotel located in the city center, within walking distance of the conference venue.



### Scandic Kramer

+46 (40) 693 54 00

<http://www.scandic-hotels.se/kramer>



### Comfort Price Hotel

+46 (40) 611 25 11

[www.choicehotels.se](http://www.choicehotels.se)



### First Hotel Jörgen Kock

+46 (40) 10 18 00

[www.firsthotels.com](http://www.firsthotels.com)

## Dates to remember

Abstracts submission:  
October 8<sup>th</sup> 2007

Abstracts acceptance/rejection  
notification letter:  
November 12<sup>th</sup> 2007

Early registration fee:  
before December 3<sup>rd</sup> 2007

Regular registration fee:  
before February 4<sup>th</sup> 2008



## Confirmed speakers



### Richard L Atkinson, USA

Richard Atkinson is a US physician who has worked in obesity research and treatment for over 30 years. After graduating from the Medical College of Virginia, he served on the faculty of several medical schools. His research focused on the mechanisms of weight loss with obesity surgery and on drug treatment of obesity.

In recent years he described the first human virus to cause obesity and currently is evaluating the role of human adenoviruses in the etiology and complications of obesity. He is Editor of the International Journal of Obesity and Past President of NAASO, ASCN, and the American Obesity Association. He is interested in obesity policy and has advocated for young investigator programs nationally and internationally.



### Ingegerd Ericsson, Sweden

Ingegerd Ericsson, PhD in Education, is a senior lecturer in sport sciences at the School of Teacher Education, Malmö University. Her scientific interests include physical activity, motor development, and motor skills in children. Two important projects have played an important role in her research: “MUGI Motorisk Utveckling som Grund för Inläring” [Motor Development as Basis for Learning] and the “Bunkeflo Project-promoting a healthy lifestyle”.

In writing her doctoral thesis “Motor skills, attention and academic achievements” she followed the pupils in the Bunkeflo project during their first three years of school.



### Mikael Fogelholm, Finland

Dr. Mikael Fogelholm has been the director of the UKK Institute for Health Promotion Research since 2001. Dr. Fogelholm is originally a nutritionist, but has later specialized in the connections between physical activity, nutrition and health. He is also interested in assessment of physical activity and body composition. His research publications include epidemiological settings, methodological studies and randomized trials. He has also written several reviews and chapters in textbooks. He has been the chair of the Finnish Association for the Study of Obesity in 2001-2003 and he was the president of the European Congress on Obesity in Helsinki, 2003.



### **Bernard Gutin, USA**

Bernard (Bob) Gutin, PhD is Professor Emeritus of Applied Physiology from Teachers College, Columbia University (1991) and Professor Emeritus of Pediatrics & Physiology from the Medical College of Georgia (2005). He and his colleagues have conducted studies in children about the relations among physical activity, diet, body composition and health; he has published one book, and more than 175 scientific papers and book chapters. At the SPOC meeting he will describe the rationale, methods and results of the Medical College of Georgia FitKid Project; this obesity prevention effort involved 600 third grade children in 18 schools, half of which were provided with an after-school intervention for 3 years.



### **Inge Lissau, Denmark**

Inge Lissau, PhD is Head of Department, Vordingborg Municipality. Her areas of expertise are Public Health, Prevention and Epidemiology. She has served as Senior Research Scientist at the National Institute of Public Health, Denmark for almost one decade, and has been involved in the National action Plan against Obesity, as well as in the Danish government's national plans on Prevention and Public Health. As PI she has performed national surveys on policies and guidelines for nutrition and physical activity in school, after-school care and kindergarten. She has published an international textbook called "Child and Adolescent Obesity" at Cambridge University Press. She was editor and author and worked in collaboration with European and American colleagues. Her scientific papers are published in international journals including The Lancet and Archives of Pediatric and Adolescent Medicine. She is Vice President of the European Childhood Obesity Group (ECOG) and member of the Editorial Board of the International Journal of Obesity.



### **Claude Marcus, Sweden**

Dr. Claude Marcus, MD and PhD, is Professor of Pediatrics and head of the Pediatric Division at the Department of Clinical Science, Intervention and Technology, Karolinska Institutet, Stockholm, Sweden. Dr. Marcus specializes in pediatric endocrinology and is head of the Swedish National Childhood Obesity Center. He also maintains a nationwide register for childhood obesity treatment. Current research includes a large scale school-based prevention project, a national gastric bypass program, and studies on obesity genetics and metabolism.



### Luis A. Moreno, Spain

Luis A. Moreno is professor of Public Health at the University of Zaragoza (Spain). He earned his MD and PhD at the same University. He studied Human Nutrition and Public Health at the University of Nancy, France. His research activities have been supported by several grants from the Spanish Ministry of Health and the EU 6<sup>th</sup> Framework Programme (FOOD-CT-2005-007034, FOOD-CT-2006-016181). He is author of more than 80 papers published in peer-reviewed journals. He is coordinator of the EU project HELENA (Healthy lifestyle by nutrition in adolescence), supported by the EU 6<sup>th</sup> Framework Programme.



### Fredrika Mårtensson, Sweden

Fredrika Mårtensson, PhD, is an environmental psychologist, senior researcher and teacher at the master program “Nature, Garden and Health” at the Swedish Agricultural University in Alnarp. Her research focuses on children’s outdoor play and environments. She has been investigating the correlations between the quality

of pre-school outdoor environments and several other health parameters together with a team including specialists in landscape architecture and medicine. She has shown that a better planning and design of our everyday environment can promote children’s vigorous play and spontaneous physical activity. Of a more general research interest are those restorative processes that are active during outdoor stay and recreation.



### Aviva Must, USA

Aviva Must, PhD is a nutritional epidemiologist and Professor of Public Health and of Pediatrics at the School of Medicine, and Professor of Nutrition at the Friedman School at Tufts University in Boston. Dr. Must’s research interests include the epidemiology of obesity, with a focus on long-term physical and psychosocial health

consequences of childhood growth characteristics and obesity effects across the lifespan, and identification of critical periods for increased risk of onset and obesity co-morbidities. Her preventive intervention work includes research projects in pre-school and primary school populations. Additional areas of interest and activity include surveillance and survey activities in school-aged children, health promotion among children with disabilities, and weight screening in schools. Dr. Must is a fellow of The Obesity Society where she is also an elected board member. She has served on several national panels in the U.S., most recently the CDC Expert Panel that developed physical activity recommendations for school-aged children. She is an Associate Editor (for Pediatric Obesity) for the journal Obesity.



### Paulina Nowicka, Sweden

Paulina Nowicka is a clinical dietician, M Sc. in Exercise and Sports Psychology, at the Childhood Obesity Unit in Malmö, Sweden. Her main research area is management of obese children and adolescents and the effects on self-esteem, family dynamics, nutrition and physical activity. She is also a co-author with Dr. Carl-Erik Flodmark of the first academic textbook in Scandinavia on “Childhood overweight in practice – evidence-based Family Weight School” (Studentlitteratur, 2006).



### Ulf Persson, Sweden

Ulf Persson, PhD, is research director at IHE, The Swedish Institute for Health Economics in Lund, holds a position at the Department of Technology and Society, Lund Institute of Technology, Lund University, Sweden, and he is a member of the board at the Swedish pricing and reimbursement authority, the Pharmaceutical Benefit Board, Läkemedelsförmånsnämnden (LFN). He has 25 years of research experience in the development and application of economic evaluation methods in health care, with particular regard to the introduction and utilization of medical technologies. Current research areas include analyses of the economic burden of overweight and obesity, as well as cost-effectiveness studies in anemia, cancer, obesity and cardiovascular diseases.



### Angelo Pietrobelli, Italy

Angelo Pietrobelli, MD, is a Pediatric Endocrinologist, who worked with Dr. SB. Heymsfield at the New York Obesity Research Center, Columbia University, New York, USA. Currently, he is Senior Staff Physician at the Pediatric Unit, Verona University Medical School, Verona, Italy. His research mainly focuses on Pediatric Body Composition, as well as Prevention and Treatment of Pediatric Obesity. He is Pediatric Associate Editor of the International Journal of Obesity, Associate Editor of the International Journal of Body Composition Research, as well as Associate Editor of the International Journal of Pediatric Obesity.



### Kurt Widhalm, Austria

Dr. Kurt Widhalm is a Professor at the Department of Pediatrics, University of Vienna, Austria. Professor Widhalm is also President of the European Childhood Obesity Group [www.childhoodobesity.net](http://www.childhoodobesity.net). Professor Widhalm is one of the pioneers in the field of childhood obesity and is an international expert on blood lipids and childhood obesity.