

The 18th Annual Congress of Taiwan Medical Association for the Study of Obesity in conjunction with the 3rd Japan-Korea-Taiwan Symposium on Obesity, 2018

Date : 9 (Sun) December, 2018

Venue : The NTUH International Convention Center, Taipei, Taiwan / 地點：台大國際會議中心 (台北市徐州路2號)

Time	Room202	Room203	Room301	Room401	Room403	Room405	Room406
	100人	100人	220人	220人	50人	20人	8人
Host	TADE	TSMBS	TMASO	TSSN	TMASO	TMASO	TMASO
08:30~	Registration	Registration	Registration	Registration	Registration	Registration	Registration
08:50~09:00	Opening Remark						
09:00~10:20	Symposium 8	Symposium 10 9th ADSS	Keynote Speech	Symposium 14	---	VIP Room	VIP room
10:20~10:40	Coffee Break						
10:40~12:00	Symposium 9	Symposium 11 9th ADSS	Symposium 1	Symposium 15	Oral Presentation	VIP room	VIP room
Host	JKT	TSMBS	TMASO	TSSN	TMASO	TMASO	TMASO
12:00~12:40	Lunch	Luncheon Symposium	TMASO Congress	Lunch	Lunch	Lunch	Lunch
12:40~13:20			Luncheon Symposium				
13:20~15:00	Symposium 6 JKT Joint Session	Symposium 12 TSMBS Annual Meeting	Symposium 2	Symposium 16	Symposium 4	VIP room	VIP room
15:00~15:20	Coffee Break						
15:20~17:20	Symposium 7 JKT Joint Session	Symposium 13 TSMBS Annual Meeting	Symposium 3	Symposium 17	Symposium 5 Experiences of Integrating Evidence-based Obesity Management Guideline into Healthy Hospital Accreditation	VIP room	VIP room
17:20~17:30	Closing Remark						

- TMASO (Taiwan Medical Association for the Study of Obesity) 台灣肥胖醫學會
- JASSO (Japan Society for the Study of Obesity) 日本肥胖醫學會
- KSSO (Korean Society for the Study of Obesity) 韓國肥胖醫學會
- TADE (Taiwanese Association of Diabetes Educators) 社團法人中華民國糖尿病衛教學會
- TSSN (Taiwan Society for Sports Nutrition) 台灣運動營養學會
- TSMBS (Taiwan Society for Metabolic and Bariatric Surgery) 社團法人台灣代謝及減重外科醫學會
- ADSS (Asian Diabetes Surgery Summit) 亞洲糖尿病手術高峰會

※ **Poster Presentation: Walkway Nearby Room 401**

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Room 301 TMASO (Taiwan Medical Association for the Study of Obesity)

Time	Topic	Speaker	Chairperson
08:30~	Registration		
08:50~09:00	Opening Remark	楊宜青 Yi-Ching Yang	
<u>Keynote Speech</u>			
09:00~09:40	腸內菌在代謝性疾病的臨床應用 Clinical Application of Gut Microbiota in Metabolic Disorders	陳志彥 Chih-Yen Chen	何橈通 Low-Tone Ho
09:40~10:20	食物成癮症與糖胖症 Food Addiction and Diabetes	洪皓彰 Hao-Chang Hung	陳慶餘 Ching-Yu Chen
10:20~10:40	Coffee Break		
<u>Symposium 1</u>			
10:40~11:20	GLP-1促進劑真的可以取代胰島素嗎? Does GLP1 Receptor Agonist Replace the Role of Insulin in Diabetic Management	歐弘毅 Horng-Yih Ou	張智仁 Chih-Jen Chang
11:20~12:00	慢性病治療的醫病共決 Shared Decision Making in Chronic Illness Care	杜思德 Shih-Te Tu	許惠恒 Hui-Heng Hsu
12:00~12:40	<u>TMASO Congress</u>		
<u>Luncheon Symposium</u>			
12:40~13:15	減重藥物治療的新趨勢 New Trend on Anti-Obesity Medication in Taiwan	林文元 Wen-Yuan Lin	黃國晉 Kuo-Chin Huang
<u>Symposium 2</u>			
13:15~13:50	糖尿病與血脂異常治療的新觀念 Updates in Management of Hyperlipidemia and Diabetes	林宗憲 Tsung-Hsien Lin	郭清輝 Ching-Fai Kwok
13:50~14:25	長效型基礎胰島素都是一樣的嗎? Long Acting Basal Insulins, Are They Similar?	李美月 Mei-Yueh Lee	楊宜青 Yi-Ching Yang
14:25~15:00	糖尿病藥物對心血管疾病的好與壞 The Pros and Cons of Anti-Diabetic Medicine on Cardiovascular Disease	張宏猷 Hung-Yu Chang	潘湘如 Hsiang-Ju Pan
15:00~15:20	Coffee Break		
<u>Symposium 3</u>			
15:20~16:00	一種藥物兩種機轉-談SGLT 1及SGLT 2抑制劑的臨床意義 One Medicine with Dual Mechanisms: The Clinical Application of SGLT1 and SGLT2 Inhibitor	楊偉勛 Wei-Shiung Yang	顏啟華 Chi-Hua Yen
16:00~16:40	超長效GLP-1 RA促進劑在糖胖症治療的新事證 New Evidence of Ultra-Long Acting GLP1 RA in Diabetes Management	王治元 Chih-Yuan Wang	傅茂祖 Mao-Tsu Fu
16:40~17:20	生物電阻測量儀在肥胖與衰弱評估的臨床應用 The Clinical Application of Bioelectrical Impedance Analysis in Assessment for Obesity and Frailty	楊昆澈 Kuen-Cheh Yang	黃國晉 Kuo-Chin Huang
17:20~17:30	Closing Remark	楊宜青 Yi-Ching Yang	

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Room 202 TADE (Taiwanese Association of Diabetes Educators)				
Time	Topic	Speaker	Chairperson	
08:30~	Registration			
09:00~09:10	Opening Remark			
Symposium 8				
09:10~10:00	糖尿病與冠狀動脈疾病/ Diabetes and Coronary Heart Disease	陳榮福 Jung-Fu Chen	杜思德 Shih-Te Tu	
10:00~10:50	肥胖及糖尿病在亞洲心衰竭族群之盛行率及預後差異/ Impact of Prevalent Diabetes on Heart Failure Outcomes: Data from Asian Heart Failure Registry	洪崇烈 Chung-Lieh Hung		
10:50~11:10	Coffee Break			
Symposium 9				
11:00~11:50	糖尿病心臟衰竭之挑戰/ The Challenge of Diabetic Heart Failure	王治元 Chih-Yuan Wang	張智仁 Chih-Jen Chang	
11:50~12:00	綜合討論			
Room 202 Japan-Korea-Taiwan Symposium				
12:00~13:20	Lunch			
Symposium 6 -JKT Joint Session				
Sarcopenic Obesity				
13:20~13:30	Opening Remark		Chih-Jen Chang	
13:30~14:00	(KSSO : junior researcher) Sarcopenic Phenotypes are Associated with Pre-diabetes and Early Phase Type 2 Diabetes: Findings from the Korean Health and Genome Study (KHGS)	Jang Won Son	Soon-Jib Yoo	
14:00~14:30	(KSSO : senior speaker) Association of Fat Density at Midthigh Level with Coronary Heart Diseases in Koreans	Soo Lim	Wei-Shiung Yang	
14:30~15:00	(TMSO : junior researcher) Epidemiology and Clinical Significance of Sarcopenic Obesity in Taiwan	Hao-Hsiang Chang	Kyoung Kon Kim	
15:00~15:20	Coffee Break			
Symposium 7 -JKT Joint Session				
Sarcopenic Obesity				
15:20~15:50	(TMSO : senior speaker) Effect of Protein Supplement and Resistance Exercise on Sarcopenic Obesity, Evidence-Based Practice	Tsan-Hon Liou	Long-Teng Lee	
15:50~16:20	(JASSO : junior researcher) Role of Akt in Skeletal Muscle in the Protection of Sarcopenic Obesity and Aging	Takayoshi Sasako	Masamitsu Nakazato	
16:20~16:50	(JASSO : senior speaker) Control of Skeletal Muscle Mass and Diabetes Mellitus	Wataru Ogawa	Masamitsu Nakazato	
16:50~17:00	Closing Remark		Wei-Shiung Yang	

(KSSO : junior researcher) Jang Won Son, MD, PhD

Department of Endocrinology and Metabolism, Bucheon St. Mary's Hospital, The Catholic University of Korea

(KSSO : senior speaker) Soo Lim, MD, PhD

Affiliation: Professor, Division Chief of Endocrinology and Metabolism, Seoul National University College of Medicine, Seoul National University Bundang Hospital

(JASSO : junior researcher) Dr. Takayoshi Sasako

Department of Diabetes and Metabolic Diseases, The University of Tokyo Hospital

(JASSO : senior speaker) Professor Wataru Ogawa MD, PhD

Division of Diabetes and Endocrinology, Kobe University Graduate School of Medicine

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Room 203 TSMBS (Taiwan Society for Metabolic and Bariatric Surgery) ADSS (Asian Diabetes Surgery Summit)

Time	Topic	Speaker	Chairperson
08:30~	Registration		
08:50~09:00	Opening Remark	李威傑Wei-Jei Lee (Taiwan)	
Symposium 10			
09:00~09:30	亞洲人的非酒精性脂肪肝炎：我們應知道什麼？ NASH in Asians: What Should We Know?	Wah-Kheong Chan (Malaysia)	莊立民 Lee-Ming Chuang (Taiwan)
09:30~09:55	非酒精性脂肪肝炎的肝外表現：著重於心血管疾病 Extrahepatic Complications of NAFLD Focusing on Cardiovascular Diseases	Yong-Ho Lee (Korea)	Kazunori Kasama (Japan)
09:55-10:20	非酒精性脂肪肝炎在日本人 NASH in Japanese Patients	Yishio Sumida (Japan)	
10:20~10:40	Coffee Break		
Symposium 11			
10:40~11:00	糖尿病及非酒精性脂肪肝炎的外科治療效果 Long-term Results of Bariatric Surgery for Non-alcoholic Fatty Liver Disease/Non-alcoholic Steatohepatitis Treatment in Morbidly Obese Japanese Patients	Kazunori Kasama (Japan)	王偉 Weu Wang (Taiwan)
11:00-11:20	糖尿病及非酒精性脂肪肝炎的新療法 Novel Treatment of Diabetes and NASH	Simon K.H. Wong (Hong Kong)	陳炯年 Chiun-Nien Chen (Taiwan)
11:20-11:40	韓國減重代謝手術的發展 The Development of BMS in Korea	Joo-Ho Lee (Korea)	
11:40~12:00	亞州糖尿病外科研究結果 Data about ADSS	黃昱閔Yu-Min Huang (Taiwan)	
12:00~13:00	Luncheon Symposium	Metronic	

Room 203 TSMBS (Taiwan Society for Metabolic and Bariatric Surgery) 社團法人台灣代謝及減重醫學會年會 / TSMBA Annual Meeting

Symposium 12			
13:30~13:50	台灣代謝減重手術的過去、現在與未來展望 Bariatric Metabolic Surgery in Taiwan: Past, Present and Future	王偉 Weu Wang	
13:50~14:10	台灣肥胖防治現況 Obesity Prevention in Taiwan	蕭敦仁 Tun-Jen Hsiao	蔡明憲 Ming-Shian Tsai
14:10~14:30	糖尿病的手術選擇與病人篩檢 Patient Selection and Choice of Proutdune with Diabetes Surgery	李旻憲 Ming-Hsien Lee	何恭誠 Kung-Chen Ho
14:30~14:50	減重與代謝手術中心的設立與推廣 Establishment and Promotion of Bariatric and Metabolic Surgery Center	宋天洲 Tien-Chou Sung	
14:50~15:20	Coffee Break		
Symposium 13			
15:20~15:40	病態性肥胖非酒精性肝炎之研究 Research of NASH in Morbid Obesity	蔡明憲 Ming-Shian Tsai	沈延盛 Yan-Shen Shan
15:40~16:00	病態性肥胖與大腸癌的關係 Relationship of Colon Cancer and Morbid Obesity	陳志彥 Chih-Yen Chen	
16:00~16:20	台灣糖尿病研究 Taiwan Diabetes Study	庄強 Keong Chong	李威傑 Wei-Jei Lee
16:20~16:40	減重手術降低心血管疾病的危險性 Bariatric Surgery Ameliorate the Risk of Cardiovascular Disease	魏日華 Jih-Hua Wei	
16:40~17:00	減重手術後男性性功能的改變 Change of Male Sex Function after Bariatric Surgery	陳榮堅 Jung-Chien Chen	

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Room 401 TSSN (Taiwan Society for Sports Nutrition)

2018運動營養大師講座

TSSN運動營養進階專業認證學分課程

台灣運動營養學年會/ANSSH亞洲運動營養事務會議

Time	Topic	Speaker	Chairperson
08:30~09:00	Registration		
09:00~09:20	Opening Remark	亞洲運動營養學會會長 體育署長官	黃惠宇教授/秘書長 Prof. Hui-Yu Huang
Symposium 14			
09:20~09:40	一氧化氮食物與藥品介紹 Nitric Oxide: Nutrient or Drug for Performance	許美智 榮譽教授 Emeritus Prof. Mei-Chich Hsu	史奎謙 常務理事 ED. Jeffrey Shih
09:40~10:20	一氧化氮食物對運動員體能與高齡增肌之應用科學 Effect of Nitric Oxide on Exercise Performance and Skeletal Muscle Training Adaptation in Middle Age and Older Adults	Emeritus Prof. John L. Ivy	郭家驊 特聘教授 Prof. Chia-Hua Kuo
10:20~10:30	10~min 中文重點簡譯	郭家驊 教授	Prof. Chia-Hua Kuo
Symposium 15			
10:30~10:50	Coffee Break		
10:50~11:30	好的運動營養行為有效逆轉糖尿病 Exercise, Nutrition and Diabetes	Prof. Jaakko Tuomilehto	潘文涵 教授 Prof. Wen-Harn Pan
11:30~11:40	10~min 中文重點簡譯	潘文涵 教授	Prof. Wen-Harn Pan
11:40~12:00	綜合座談(中文/英文)	許美智、潘文涵、郭家驊、 John L. Ivy、Jaakko Tuomilehto	
Symposium 16			
12:00~13:00	Lunch		
13:00~13:40	日本長壽的運動營養行為 Sports Nutrition Strategy Against Sarcopenia in Elderly	Prof. Higuchi Mitsuru	楊艾倫 教授 Prof. Ai-Lun Yang
13:40~13:50	10~min 中文重點簡譯	楊艾倫 教授	Prof. Ai-Lun Yang
13:50~14:30	談運動界流行的糖水漱口法 Carbohydrate Mouth Rinse and Performance	Emeritus Prof. Clyde Williams	巫錦霖 教授 Prof. Ching-Lin Wu
14:30~14:40	10~min 中文重點簡譯	巫錦霖 教授	Prof. Ching-Lin Wu
14:40~15:00	綜合座談(中文/英文)	巫錦霖、楊艾倫	
Symposium 17			
15:00~15:20	Coffee Break		
15:20~15:40	深海礦物質在運動上的運用 Ergogenic Application of Deep Ocean Minerals	Dr. Suchada Saovieng	謝錦城 教授 Prof. City C. Hsieh
15:40~16:00	人參在對體能與肌肉衰老細胞的新發現 Ergogenic Action of Ginsenoside Rg1: Role of Inflammation in Human Skeletal Muscle Adaptation	吳金富博士 Dr. Jin-Fu Wu	詹貴惠 教授 Prof. Kuei-Hui Chan
16:00~16:20	天生耐力選手的代謝特性 Metabolic Feature of Elite Endurance Athletes	徐藝洳 博士 Dr. YI-JU Hsu	黃啟彰 教授 Prof. C. C. Huang
16:20~16:40	綠茶是否可增強耐力運動表現? Can Green Tea Extract Supplementation Enhance Endurance Exercise Performance?	張嘉珍 博士 Dr. Chia-Chen Chang	程一雄 教授 Prof. I-Shiung Cheng
16:40~17:00	綜合座談(中文)	劉珍芳 教授	Prof. Jen-Fang Liu

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Time	Topic	Speaker	Chairperson
Oral Presentation			
10:20~10:30 O-01	青春期早發育會造成成人期肥胖? 雙向孟德爾隨機化分析及長期追蹤研究 Will Early Puberty Cause Adulthood Obesity? A Bidirectional Mendelian Randomization and Longitudinal Study	陳揚卿 Yang Ching Chen	
10:30~10:40 O-02	代謝性手術是否會影響有糖尿病的肥胖患者血清心血管相關生物標記 Does Metabolic Surgery Influence Cardiovascular Associated Serologic Biomarkers in Patients with Obesity and Type 2 Diabetes Mellitus	魏日華 Jih-Hua Wei	
11:10~11:20 O-03	以校園為基礎的兒童肥胖防治 School Based Childhood Obesity Prevention Program	潘湘如 Hsiang-Ju Pan	Li-Ching Huang 黃麗卿
10:50~11:00 O-04	胸部皮下脂肪變化來預測美國日本裔男性代謝症候群的危險性: 10年的前瞻性世代研究 Subcutaneous Thoracic Fat Change Predicts Metabolic Syndrome in Japanese Americans Men: A Prospective Cohort Study for 10 years	廖俊正 Chun-Cheng Liao	Han-Chi Tseng 曾漢棋
11:00~11:10 O-05	Total Energy and Macronutrient Intake Patterns and to the Kinds of Alcoholic Beverages in Koreans	Kyoung-Kon Kim (Korea)	
11:20~11:30 O-06	褪黑激素是透過瘦素甲基化而不是細胞凋亡來改善肝臟脂肪變性的慢性進展 Regulation of Leptin Methylation Not Via Apoptosis by Melatonin in the Rescue of Chronic Programming Liver Steatosis	蔡景州 Ching-Chou Tsai	
10:40~10:50 O-07	在不同葡萄糖耐受狀態之受試者, 其血中adipsin濃度與胰島素阻抗的相關性 Association between Serum Adipsin Levels and Insulin Resistance in Subjects with Various Degrees of Glucose Intolerance	王俊興 Jun-Sing Wang	
11:30~11:50	【討論及評分】12:00至Room301頒發「優秀口頭論文發表」獎		

Room 403 TMASO (Taiwan Medical Association for the Study of Obesity)

12:00~13:15 Lunch

Symposium 4			
13:15~13:50	喝茶及喝咖啡對動脈硬度的影響, 是好還是壞? Is the Effect of Drinking Tea and Drinking Coffee on Arterial Stiffness Good or Bad?	李崇豪 Chung-Hao Li	傅振宗 Chen-Tsung Fu
13:50~14:25	粉紅色脂肪、棕色脂肪與白色脂肪的關係 The Pink Adipose Tissue	吳泓聰 Hung-Tsung Wu	石光中 Kuang-Chung Shih
14:25~15:00	健康食品對肥胖症治療的實證為何? What is the Evidence-Based Medicine of Health Food for the Treatment of Obesity	盧佳文 Chia-Wen Lu	祝年豐 Nain-Feng Chu

15:00~15:20 Coffee Break

Symposium 5			
肥胖防治實證指引導入健康醫院認證試辦經驗分享/ Experiences of Integrating Evidence-based Obesity Management Guideline into Healthy Hospital Accreditation			
15:20~15:30	衛生福利部國民健康署署長致詞		王署長英偉
15:20~15:40	肥胖防治實證指引導入健康醫院認證推廣計畫簡介/ Project Introduction	孫子傑 Zih-Jie Sun	楊宜青 Yi-Ching Yang
15:40~15:55	臺大醫院北護分院經驗分享(含討論) Experience from National Taiwan University Hospital Bei-Hu Branch	楊昆澈 Kuen-Cheh Yang	黃國晉 Kuo-Chin Huang
15:55~16:10	馬偕兒童醫院經驗分享(含討論) Experience from MacKay Children's Hospital	丁瑋信 Wei-Hsin Ting	李宏昌 Hung-Chang Lee
16:10~16:25	中國醫藥大學附設醫院經驗分享(含討論) Experience from China Medical University Hospital	徐華穗 Hua-Sui Hsu	林文元 Wen-Yuan Lin
16:25~16:40	成大醫院經驗分享(含討論) Experience from National Cheng Kung University Hospital	吳至行 Chih-Hsing Wu	楊宜青 Yi-Ching Yang
16:40~17:00	綜合討論 Panel Discussion	All	張智仁 Chih-Jen Chang
17:00	Closing Remark		

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Walkway Nearby

Room 401

TMASO (Taiwan Medical Association for the Study of Obesity)

Time	Topic	Poster
<u>Poster Presentation</u>		
9:00~17:00	P-01 身體質量指數與脂肪質量指數定義下台灣青少年肥胖族群之心肺運動能力比較 Comparison of the Cardiopulmonary Fitness Between Obesity and Normal Adolescents in Taiwan by Body Mass Index or Fat Mass Index	段生輝 Sheng-Hui Tuan
	P-02 中老年第2型糖尿病患且腎功能正常者其血液中血球比容值、尿酸以及高敏感C反應蛋白質與脈搏質量指數有關 Hematocrit, Uric Acid, and High Sensitivity-Creative Protein are Related with Pulse Mass Index in Middle-Old Aged T2DM Patients with Normal Renal Function	王怡梅 Yi-Mei Wang
	P-03 營養與運動的介入對於職場體重控制之成效 Effectiveness of Nutrition and Physical Activity Interventions for Weight-Control Program at Workplace	李艾庭 Ai-Ting Lee
	P-04 Relationship between Body Mass Index, Waist Circumference, Body Fat Percentage and Metabolic Syndrome According to Age in Women	Jung-Hwan Kim
	P-05 The Number of Metabolic Syndrome Components and Incidence Rates of type 2 Diabetes: A Korean National Sample Cohort Study	Hyuk-Sang Kwon
	P-06 Metabolomic Analysis of the Effect of Ezetimibe, Niemann-Pick C1 Like 1 Inhibitor, on Hepatic Steatosis in A Rat Model of Obesity and type 2 Diabetes	Cheol-Young Park
	P-07 Regional Body Fat Distribution and Insulin Resistance and Beta Cell Dysfunction	Dae-Jung Kim
	P-08 短期體適能及營養教育課程對於青少年身體質量指數改善的成效，以臺北市高中職為例 The Effect of Short Physical Fitness and Nutritional Education Courses in Body Mass Index Improvement within Adolescents in Taipei City	柯濤綦 Yun-Chen Ko
	P-09 Association between Obesity, Weight Change and Chronic Kidney Disease in Korean Type 2 Diabetic Patients : A Longitudinal Follow Up Study	Bo-Yeon Kim
	P-10 以 Glucagon-Like Peptide-1受體促效劑為治療糖尿病的中醫藥分子藥物設計 Design of Glucagon-Like Peptide-1 Receptor Agonist for Diabetes Mellitus from Traditional Chinese Medicine	唐翊桓 Yi-Huan Tang
	P-11 回顧肥胖與異位性皮膚炎的關聯 Review the Relationship Between Atopic Dermatitis and Obesity	湯夢彬 Meng-Bin Tang